



Every Dollar Counts

Your Gift Makes a Big Impact

The ALS Association

- \$10 provides adaptive equipment such as utensils or zipper pulls to aid in activities of daily living.
- \$25 covers the cost of an LCD writing tablet, allowing a person with ALS to communicate with those around them.
- \$50 provides 12 Living with ALS guides to help individuals and families better understand the progression of ALS.
- \$100 pays for a consultation by an ALS Navigator to respond to the physical and emotional needs of a family dealing with ALS.
- \$250 funds an individualized health care plan from the multidiscipline team at an ALS Treatment Center of Excellence.
- \$1,000 provides a grant to assist families with the challenges they face every day.
- \$1,000 covers the cost of mobility and communication devices not covered by insurance.

Alzheimer's Association Nebraska Chapter

- \$100 provides education and support packets to 20 families that utilize the 24/7 Helpline.
- \$250 provides a family an hour care consultation with a trained Master's level health professional.
- \$1,000 enables 20 families living in the early stages of the disease to participate in support groups for one year.

American Foundation for Suicide Prevention Nebraska

- \$10 provides Lifesavers Guides to over 50 people.
- \$25 gets Talk Saves Programming & Resources to 50 plus people.
- \$50 (approximately) provides two families with Healing Conversation, programs and resources after a loss.

American Lung Association in Nebraska

- \$30 helps recruit one participant for the largest ever millennial lung health study.
- \$50 provides Lung HelpLine phone support for one lung cancer patient.
- \$75 educates one homeowner about radon testing to prevent lung cancer.
- \$100 helps provide a Courage Kit to a newly diagnosed lung cancer patient.
- \$120 helps one person quit smoking through group workshops.
- \$150 gives 10 people with lung cancer access to a lung cancer hotline.
- \$250 supports review and analysis of air quality data for one county in the State of the Air Report.
- \$350 provides one healthcare provider with COPD or Asthma Educator Course training.
- \$400 helps train one youth vaping cessation group leader.
- \$650 supports one day of research focused on asthma, COPD or COVID-19.
- \$1,000 provides freedom from Smoking® Plus smoking cessation memberships for 10 people.

Arthritis Foundation Nebraska

- \$10 provides a free Better Living Toolkit to a person with arthritis. The kit includes a variety of resources and tools to help individuals manage their arthritis in daily life.
- \$23 helps support a juvenile arthritis (JA) family.
- \$50 provides a free JA Power Pack to a child with juvenile arthritis, which includes a special teddy bear that can be heated or chilled and a resource book for parents.
- \$500 provides a full scholarship to Camp Spirit for a child with juvenile arthritis.

Autism Action Partnership

- \$25 creates a sensory kit for an individual with autism.
- \$50 allows a child to participate in Summer Art Camp.
- \$100 sends a family to a "Making Memories" event.
- \$250 provides autism training to a business.
- \$350 buys a Project Lifesaver bracelet.
- \$500 provides supplies for peer support groups and camps.
- \$1,000 helps a Prosper Workforce Services (PWS) Participant become job ready.
- \$2,500 pays Work Experience wages for a PWS participant.
- \$5,000 contributes to a scholarship for a Prosper Academy student.

Brain Injury Alliance of Nebraska

- \$50 provides one hour of intake and information services for an individual or family affected by brain injury.
- \$100 teaches parents, athletes, coaches, and educators how to recognize and manage a concussion properly.
- \$150 helps us connect and refer individuals to local, state, and federal programs and services.
- \$200 provides four hours of case management services for individuals and families affected by a brain injury.
- \$350 helps cover the cost of providing free educational webinars on topics like Medicare and advocacy.
- \$500 helps provides up to six hours of brain injury education, screening, and consultative services to an organization serving domestic and intimate partner violence survivors.

Crohn's & Colitis Foundation, Nebraska/Iowa Chapter

- \$25 helps support live education events in our communities.
- \$220 provides educational materials to medical professionals.
- \$500 provides nearly half the cost for a child to attend summer camp.

Cystic Fibrosis Foundation – Nebraska Chapter

- \$25 helps support the CF Care Centers.
- \$65 helps fund the Compass program.
- \$100 provides funding for the mission of the Cystic Fibrosis Foundation

Epilepsy Foundation Nebraska

- \$25 creates a New to Epilepsy and Seizures kit for newly diagnosed patients.
- \$50 provides a month of Support Group Meetings.
- \$100 supports a Seizure Training for School Personnel.
- \$250 helps purchase a seizure alert device for an individual in need.
- \$500 funds engaging Kids Crew programming.
- \$1000 supports Seizure First Aid Certification Training to keep our community seizure safe.
- \$2500 sends a teen advocate to the Public Policy Institute at Teens Speak Up! to meet with legislators in Washington DC.

Heart Heroes

- \$10 provides one boxed meal to an inpatient family.
- \$15 provides a thinking-of-you card and gift to a family celebrating their child's birthday in heaven.
- \$20 provides an inpatient family with a gift of hope on the days they need it most.
- \$30 outfits a child with CHD their very own, customized Heart Hero Cape to sustain their incredible bravery.
- \$50 gifts a remembrance box to a family honoring a child.
- \$100 empowers and supports one Heart Hero through attendance to all family support events, gifts while recovering from medical procedures and other forms of hope and encouragement.
- \$150 provides one Tote of Hope to a family in the community undergoing open heart surgery.
- \$250 funds one month of outreach in a clinic across the state.

JDRF

- A donation to JDRF allows the more than 50 clinical trials to continue to advance.
- A donation to JDRF provides the ability to educate the public of the importance of type 1 diabetes screening for anyone, at any age.
- When you donate to JDRF, you are accelerating life-changing type 1 diabetes (T1D) research breakthroughs to cure, treat and prevent T1D.

Leukemia & Lymphoma Society – Nebraska Chapter

- \$10 funds one monthly session of one family support group.
- \$25 provides a partial reimbursement for daily living expenses incurred by a family whose loved one is undergoing a bone marrow transplant in Omaha.
- \$50 provides materials for one classroom enrolled in the Student Series program and allows for an active "Staying Connected" program for the school.
- \$100 allows one researcher to grow cells in a lab for ten weeks in an effort to better understand how a new blood cancer therapy may work.
- \$250 provides one month of information and referral services and peer support contact via the First Connection Program.
- \$500 provides support for two "TeleHealth" program transmissions for patient/family education programs statewide.

March of Dimes, Nebraska & Western Iowa Market

- \$50 gives a month's supply of diapers to a military family.
- \$50 celebrates and educates moms-to-be in communities of need and provides them baby items like swaddles, breast pumps, baby thermometers and other essential items.
- \$50 supports programs that include resources to help moms and moms-to-be quit smoking.
- \$75 provides a newborn screening for a baby in a hospital through our advocacy work.
- \$75 funds one hour of innovative prematurity research.
- \$100 provides essential baby items such as a stroller or pack 'n play for women who complete a prenatal education program.
- \$200 supports a NICU family at their bedside to help them navigate the challenges of having a preterm baby.
- \$300 showers a military mom with essential baby items and celebrate and educate her and her family.
- \$500 helps 5 families feel at ease in the NICU with support and education.
- \$1,000 provides four moms-to-be access to our Supportive Pregnancy Care program where they receive prenatal care, support and education throughout their pregnancy.
- \$2500 helps 10 women access quality prenatal care.
- \$2500 provides on-demand training for staff at one hospital on topics to improve care and support, including easing parent trauma in the NICU and caring for the caregiver.

National MS Society - Mid America Chapter

- \$10 provides a person newly diagnosed with multiple sclerosis crucial information and support resources to help them cope with the diagnosis.
- \$100 purchases a cooling vest for a person with MS who is dealing with heat-related challenges that warm weather can often bring. This vest allows them to continue enjoying activities outdoors during the difficult summer months.
- \$150 replaces a battery for an electric wheelchair or scooter, allowing people to have more independence and freedom.
- \$250 covers costs for housing or utilities to help reduce the economic impact of living with an expensive chronic disease.
- \$500 provides two weeks of in-home chore services for a person with MS who is having trouble completing tasks such as laundry, vacuuming, dusting, etc.
- \$800 installs a set of hand controls for an automobile to make it accessible, this will enhance the independence of the person living with MS.
- \$1,500 mails one quarterly issue of the MS Connection to all Nebraskans with MS.

Nebraska AIDS Project

- \$25 provides our agency with the ability to distribute 31 “safe sex” kits.
- \$50 provides transportation to medical appointments for 12 individuals.
- \$100 provides free and confidential testing to 10 individuals.
- \$200 provides prevention education and outreach to 100 at-risk youth.
- \$250 provides moving expenses and housing supplies to one individual.

Nebraska Chapter of the National Bleeding Disorders Foundation

- \$10 can help procure supplies for a child to learn how to self-infuse at educational events.
- \$25 provides one family a gas card to travel from a rural community to visit their Hematologist at the Omaha Hemophilia Treatment Center.
- \$100 helps support the Kearney Education Day.
- \$125 helps support Family Camp, where families participate in traditional camp activities, such as canoeing, hiking, archery, water slides, zip lines as well as an infusion clinic for youth with bleeding disorders, all with the supervision and guidance of trained nurses and staff. They also receive updated information about new trends in treatment and services for families impacted by bleeding disorders.
- \$250 covers the cost of attendance for one individual to our family education weekend.

Nebraska Community Blood Bank

- \$50 pays for additional testing to precisely match a blood donor for a patient with sickle cell disease.
- \$100 fills the gas tank of a bloodmobile. NCBB bloodmobiles travel to more than 500 blood drives every year.
- \$175 pays for additional testing to precisely match a blood donor for a cancer patient.

Nebraska Health Care Foundation

- \$5 funds one hygiene kit for an elder living in a Nebraska skilled nursing facility or assisted living community following a natural disaster.
- \$25 gives a gas gift card to a nursing home direct care worker experiencing a personal crisis.
- \$40 provides one blood pressure cuff for use in training a nursing assistant.
- \$60 gives a student a textbook needed to become a nursing assistant.
- \$125 helps provide food for a nursing home worker and his family following a house fire.
- \$2,000 provides a mannequin for use in training Nebraskans to work in a long-term care facility.

Nebraska Hospice and Palliative Care Association

- \$10 provides a hospice agency with 100 Palliative Scale worksheets to help Nebraska families determine if their loved ones are ready for hospice care.
- \$25 puts packets on end-of-life care in the waiting rooms of five family practice physicians.
- \$50 gives all Nebraska legislators a copy of the Nebraska End-of-Life Survey Report.
- \$175 provides a scholarship for a hospice professional to attend the “Living a Good Life ...at the End of Life” Conference.
- \$250 covers expenses related to airing hospice public service announcements on television stations across the state.
- \$1,500 brings expert training to hospice professionals on managing symptoms of hospice patients.

Nebraska Kidney Association

- \$10 can provide one patient education booklet to a new kidney patient to help them better understand their disease, treatment options available, coping, nutrition and services available through the Nebraska Kidney Association.
- \$25 will pay for two medical alert jewelry bracelets or necklaces.
- \$100 can provide groceries for one individual.
- \$150 can meet the need for an emergency financial assistance request.

Susan G. Komen® Great Plains

- \$20 per month helps fund an annual mammogram.
- \$50 helps a breast cancer patient with transportation assistance to screening, diagnostic or treatment appointments.
- \$100 gives someone the opportunity to participate in an 8-week survivorship support education class.
- \$250 gives an uninsured woman access to various screening or diagnostic procedures.
- \$500 is the average cost of core-needle biopsy for someone without insurance.

Team Jack Foundation

- \$50 funds an hour of research.
- \$100 funds two hours of research.
- \$250 funds half a day of research.
- \$500 funds over one day of research.
- \$1,000 funds over two days of research.

United Cerebral Palsy of Nebraska

- \$25 provides one sensory-stimulating switch to be used with an adapted toy for a child with special needs in a Tech Tools Developmental Technology Library.
- \$75 provides a family Christmas present at our Special Needs Christmas party.
- \$100 supports the Caregiver retreat, which provides emotional, physical and mental respite that is essential to a family or professional caregiver.
- \$100 provides a social enrichment opportunity for two families through our Family Focus Program.
- \$500 can pay for a small-scale vehicle modification to open a world of independence for someone with cerebral palsy.