

# **Programs and Services Guide**

Statewide support provided by CHAD member agencies

















































CHAD (Combined Health Agencies Drive) is a local, donor-designation driven organization that has been raising funds for Nebraska's lead health agencies since 1972. Donors who give so generously during our annual statewide campaign ensure our 23 member agencies are funded on a consistent basis, and 100% of donor-designated dollars go directly to full-member agencies. Valuable donations help Nebraskans by providing care and support for those affected by a health diagnosis, funding education and prevention programs in our communities, and supporting advocacy and medical research. The programs listed below are funded because of donor support and are available to Nebraskans statewide.

### The ALS Association

531-202-8760 www.alsa-midamerica.org/

The ALS Association is the only national nonprofit organization fighting ALS on every front. By leading the way in global research, providing assistance for people with ALS, coordinating multidisciplinary care through certified clinical care centers, and fostering government partnerships, The ALS Association builds hope and enhances quality of life while aggressively searching for new treatments and a cure. Our mission is to discover treatments and a cure for ALS, and to serve, advocate for, and empower people affected by ALS to live their lives to the fullest.

### **Programs & Services Offered**

- Education is available through materials and programs for people with ALS, caregivers and families.
- Equipment, Assistive Technology & Adaptation Program provides people living with ALS and their families evaluation of equipment and assistive technology needs; identification of the best source of recommended devices and adaptations; and an equipment loan program with items ranging from power wheelchairs and electronic communication devices to small things like button fasteners.
- Resources & Referral: The Care Services Team members link people with ALS to appropriate resources to navigate the complex system of health, social, legal and financial services.
- Advocacy & Public Policy Program: The ALS Association's Chapter network plays a lead role in advocating for increased public funding and private support of ALS research and public policy initiatives that respond to the needs of people with ALS.
- The Care Services Team provides education and awareness of ALS and the programs/services of the ALS Association to the healthcare community and those who work with patients and families throughout the Chapter's service area via new client kits, physician kits, professional education and presentations.
- The Care Services Team provides support to family members and caregivers through a variety of programs and services including support groups, circles of care, caregiver programs and children's resources referral.
- The ALS Treatment Centers/Clinics Program is our most valuable program where people living with ALS and their families are seen every 3 months by a specialized, multidisciplinary clinic team, are provided an individualized care plan and have access to research trials.
- Quality of Life Grant Program: To assist ALS families with the challenges they face every day, the Quality of Life Grant reimburses ALS families for their needs in respite, communication, home modification, access to medical care and for special circumstances.
- Medical Research efforts focus on finding treatments and a cure for ALS.
- Virtual Home Safety Assessment Program provides a virtual walk-through assessment of ALS families homes, focusing on safe entry/exit mobility within the home, transferring, bathroom access and safety and ability to call for assistance. This program is completed by an Assistive Technology Professional (ATP).

## **Alzheimer's Association Nebraska Chapter**

Offices in Omaha and Lincoln | 402-502-4300| www.alz.org/ | nebraskainfo@alz.org

The Alzheimer's Association works to provide and enhance care and support for all affected, eliminate Alzheimer's disease through the advancement of research, and reduce the risk of dementia through the promotion of brain health.

#### **Programs & Services Offered**

- 24/7 Helpline (800-272-3900) offers reliable information, referral and care consultations for individuals living with Alzheimer's or other dementias and their networks of support.
- www.alzconnected.org offers 24/7 online support including access to care navigation tools, chat rooms, and care planning calendar services.
- Free educational workshops provide insights into how to make lifestyle choices that may help keep your brain and body healthy as you age, how to employ effective communication strategies with your loved one with the disease, and how to manage disease-related behaviors. Education is available virtually at https://www.communityresourcefinder.org.
- Caregiver support groups connect caregivers to their peers and community experts. For information go to https://www.communityresourcefinder.org.
- Alzheimer's Association TrialMatch® is an online clinical trial locator service that lets individuals create an online profile to be directed to clinical trials in their area.
- MedicAlert® emergency response and identification program facilitates the safe return of individuals who wander or have a medical emergency.
- On-demand education is available 24/7 at the Alzheimer's Association Education Center: training.alz.org. \*Many of these programs are also in Spanish.

### American Foundation for Suicide Prevention - Nebraska

308-455-7865| www.afsp.org/chapter/nebraska | P.O. Box 45739, Omaha, NE 68154

The American Foundation for Suicide Prevention (AFSP) is a voluntary health organization that gives those affected by suicide a nationwide community empowered by research, education and advocacy to take action against this leading cause of death. AFSP is dedicated to saving lives and bringing hope to those affected by suicide, including those who have experienced a loss. AFSP creates a culture that is smart about mental health.

- AFSP funds scientific research. Much of what is known about suicide comes from AFSP-funded studies. Our studies open new areas of inquiry and help set the national research agenda.
- Field Advocates advocate for public policies in mental health and suicide prevention.
- AFSP educates the public about mental health and suicide prevention.
- Volunteers support survivors of suicide loss and those affected by suicide.
- A Toolkit for Schools offers best practices and practical tools to help schools in the aftermath of a suicide.
- Suicide Research and Prevention without Borders meeting brings together suicide researchers studying topics ranging from neurobiology, epidemiology and genetics to assessment, intervention and prevention.
- AFSP supports increased awareness of and access to mental health and suicide prevention resources on university and college campuses.

# **American Lung Association in Nebraska**

402-502-5940 | www.lung.org/ | 11225 Davenport Street, #101, Omaha, NE 68154

The American Lung Association is saving lives by improving lung health and preventing lung disease. We were founded over 115 years ago by a group of volunteers dedicated to ending the lung health threat of our time: tuberculosis. With TB largely controlled in the United States, we have extended that mission to other respiratory diseases. And thanks to our donors, volunteers, program and event participants, and staff, we are America's trusted source for lung health education, lung disease research, support, programs, services and advocacy.

- Lung Helpline is a toll-free nationwide service staffed by registered nurses, respiratory therapists and certified addiction counselors that provide the most current lung health information to lung disease patients, family members and healthcare providers. Services include smoking cessation, lung disease counseling, physician referrals and financial assistance.
- Better Breathers Clubs: Adults with lung disease and their families connect with each other in support groups.
- Better breathers Network: The Better Breathers Network is a nationwide, online support program providing
  direct access to lung disease management tools, education, and connection to other patients and caregivers.
  https://www.lung.org/help-support/better-breathers-network
- Freedom from Smoking: This smoking cessation program helps tobacco users who are ready to quit.
- Inspire.com: The Lung Association is proud to support several free online communities on Inspire.com for people facing lung disease.
- ALA funds research programs aimed at finding cures and new medical treatments for lung disease, including lung cancer. In addition, we also support the American Lung Association Asthma Clinical Research Center (ACRC).
- Saved By The Scan: Lung cancer is the No. 1 leading cause of cancer-related death in America, but now there's hope. This screening is used to detect lung cancer early, when it is more likely to be curable. If the disease is caught before it spreads, the likelihood of surviving five years improves from 11 percent to 55 percent. (Based on early-stage lung cancer stats stage 1 vs. stage 4)
- LUNG FORCE Expos are a great opportunity for patients and healthcare professionals to learn more about the latest trends, resources and research surrounding lung cancer, COPD, asthma and other lung diseases. These events feature experts from a variety of lung health-related fields presenting on current research and hot topics; an exhibitor showcase; and a chance for patients, caregivers and the local medical community to connect.
- State of the Air Report: For 20 years, the American Lung Association has analyzed data from official air quality monitors to compile the "State of the Air" report. The more you learn about the air you breathe, the more you can protect your health and take steps to make our air cleaner and healthier. Last year, our annual State of Lung Cancer Report showed that lung cancer survival rates are improving. However, the report also showed that lung cancer remains the country's #1 cancer killer. Curing lung cancer will not be a single event, but a continuous progression of meaningful breakthroughs over time. Those breakthroughs are only possible because of the sustained and reliable support from Corporate Cup participants like you. To learn more about the Lung Association's efforts on Lung Cancer, go to Lung.org/LungCancer.
- State of Lung Cancer Report: "State of Lung Cancer" is the American Lung Association's report that shows how the toll of lung cancer varies by state. Examining lung cancer incidence, survival, stage at diagnosis, surgical treatment, lack of treatment, and screening, this report finds states must do more to protect their residents from lung cancer.
- Asthma-Friendly Schools Initiative: Learn how to create a long-term asthma management plan for your school. Get the guidance you need to help your local community plan and implement a comprehensive asthma management program.

- Kickin' Asthma: This asthma management program for kids ages 11-16 (grades 6-10) educates and empowers them through a fun and interactive approach to asthma self-management.
- Asthma Resources: Every day, children and adults with chronic asthma try to minimize and avoid the things that
  trigger an attack. Although there is no cure, asthma can be managed, which is where we come in. The American
  Lung Association is a recognized authority for asthma health professionals, school personnel and families who are
  impacted by the disease. And so, every day, 365 days a year, thousands of people across the country turn to us for
  support and free resources to manage asthma at home, work and at school. To learn more about the Lung
  Association's resources on Asthma go to Lung.org/Asthma.
- Vape-free Schools Initiative: For decades we have been helping people quit tobacco for good. Now we've leveraged that experience and expertise to address the alarming youth vaping epidemic through our nationwide Vape-Free Schools Initiative. One in four teens has vaped, and the number of middle and high school students using e-cigarettes increased to 5.4 million in 2019. Vaping can permanently damage lungs. When you participate in the Corporate Cup you support our work to end the youth vaping epidemic. To learn more about the Lung Association's work around the Vaping epidemic go to Lung.org/Quit-Smoking
- Clinical Quality Improvements in the Treatment of Children's Asthma: The American Lung Association partners
  with clinics and health systems across the state of Nebraska to help children from low-income families manage
  their asthma and lead full, productive lives. These partnerships help patients reduce asthma symptoms by helping
  care providers receive necessary training, improve clinic workflows, and incorporate best practices. Program
  results include reduced hospitalizations and emergency department visits and economic savings to health plans
  and families.
- Asthma Basics: This free one-hour interactive online learning module is designed to help you learn more about asthma.
- Asthma Educator Institute: This two-day professional development course teaches asthma guidelines-based care
  and helps professionals prepare for the National Asthma Educators Certified Board (NAECB) exam.
- InDepth: Teen tobacco use has long been linked to lifelong dependency, with 9 out of 10 cigarette users claiming they picked up their first cigarette before the age of 18. The introduction of e-cigarettes has amplified the problem: Over the course of just one year, vaping's popularity grew from 2.1 million in 2017 to 3.6 million in 2018, prompting the U.S. Surgeon General to declare e-cigarette use among our youth an epidemic. Teens are getting hooked on tobacco and instead of getting education or support, they are getting suspended from school or other disciplinary measures. INDEPTH® is a new way to help.
- E-Cigarettes: Electronic cigarettes, or e-cigarettes, are tobacco products that have been sold in the U.S. for about a decade. They include e-pens, e-pipes, e-hookah, and e-cigars, known collectively as ENDS—electronic nicotine delivery systems. They're also sometimes called JUULs, "vapes" and "vape pens." E-cigarettes are the most commonly used tobacco products among kids—and it's become an epidemic. While much remains to be determined about the lasting health consequences of e-cigarettes, there's evolving evidence about the health risks of e-cigarettes on the lungs—including irreversible lung damage and lung disease. The American Lung Association is very concerned that we are at risk of losing another generation to tobacco-caused diseases as the result of e-cigarettes. The Lung Association remains extremely troubled about the rapid increase of youth using these products and has repeatedly called upon the Food and Drug Administration (FDA) to increase their oversight and scrutiny of these products to protect kids. More information here.
- Covid 19 Town Hall Series: In the wake of COVID-19, we've made it a priority to monitor recent developments, share new findings and support Americans with the science-based information and resources you can trust. The American Lung Association's virtual COVID-19 Town Hall Series is bringing top health experts together to raise awareness about the effects of COVID-19 and discuss the health impact of the pandemic on all Americans. Register here: https://www.lung.org/lung-health-diseases/lung-disease-lookup/covid-19/action-initiative/town-hall
- COVID 19 Resources: https://www.lung.org/lung-health-diseases/lung-disease-lookup/covid-19/covid-19-resources
- COVID-19 Research and work: COVID-19 Action Initiative. To learn more go to Lung.org/COVID19.

- COVID Booster Recommendations: The CDC recommends updated COVID-19 boosters for everyone 5 years and older and that everyone who is eligible stay up to date on the latest COVID-19 vaccination recommendations. The virus that causes COVID-19 continues to change over time, these are called variants. The most recent variants circulating are Omicron subvariants (BA.5 for example) and their sublineages such as BQ.1 and BQ.1.1. The newest COVID-19 booster is expected to provide protection against all of these.
- COVID-19 Research and work: is not the first, and it will not be the last respiratory pandemic that we will face. That's why we created the COVID-19 Action Initiative and committed \$25 million to end COVID-19 and protect against future pandemics. By participating in the Corporate Cup, you are helping to PREVENT future outbreaks by investing in respiratory virus research. PROVIDE free lung health education and masks to those in need. PROTECT public health by advocating for COVID-19 and flu vaccines in underserved communities of color. To learn more about our research and work around COVID-19, go to Lung.org/COVID19.

# **Arthritis Foundation Nebraska**

402-262-0144 | www.arthritis.org/nebraska | sstalnaker@arthritis.org

Leading the fight for the arthritis community, the Arthritis Foundation helps conquer everyday battles through life-changing information and resources, access to optimal care, advancements in science and community connections.

#### **Programs & Services Offered**

- Referrals and toll-free Helpline: Licensed, clinical social workers offer support at 1-844-571-4357 (HELP).
- State- and federal-level advocacy is in place to keep medications accessible and affordable.
- National JA Conference and local Family Days provide tools and information to JA families, scholarships available. A Family Day will be held in the fall of 2022.
- Live Yes! INSIGHTS is an online partnership between the Arthritis Foundation and the arthritis community, which uses scientific study to shine a light on the realities of arthritis.
- The Live Yes! Online Community connects you 24/7 with those who understand what it is like.
- Online support is provided through peer groups found on Facebook or chat sites.
- Adult, Young Adult and JA Virtual Connect Groups are being formed.
- Medical research takes place through partnerships in order to find cures for a range of rheumatic diseases.
- Better Living Toolkits are available free for adults with arthritis and include a variety of resources and tools to help individuals manage their arthritis in daily life.
- JA Power Packs are available free for families that have a child with arthritis and include a variety of resources and tools to help individuals manage their arthritis in daily life.
- Annual LYYRA event is free to those with Rheumatoid Arthritis. LYYRA was held in Omaha in September of 2018 and in Lincoln at the Arthritis Center in April of 2019.
- Partners 4 Patients program partners health care providers with patients to provide resources and emotional support.
- Arthritis@Work is a free Arthritis Foundation program that offers turnkey tools and resources to support companies' employees with arthritis as part of their existing corporate wellness program.
- Pain Seminar
- Walk to Cure Arthritis 2022 took place at Werner Park on May 21st.
- Woman of the Year Gala will take place on October 13, 2022 at the Omaha Marriot Regency.
- Jingle Bell Run will be held on December 3, 2022 at Papillion Landing.

### **Autism Action Partnership**

402-763-8830 | www.autismaction.org/ | 10110 Nicholas Street, Suite 202, Omaha, NE 68114

Autism Action Partnership's mission is to improve the quality of life of persons on the autism spectrum and their families through education, advocacy and support, thereby enabling them to be an integral part of the community. In addition to working directly with individuals and families, we also work together with a variety of wonderful partners and businesses to help create a more inclusive community for those we serve. Our programs and services reach the autism community all across Nebraska (and a little of Southwest Iowa).

#### **Programs & Services Offered**

- A-Team: An after-school group for adolescents on the spectrum to practice skills, make friends, and have fun. Sessions are led by licensed providers. The 12-week cohorts are broken into two groups: the Junior Varsity group (ages 10-13) meets twice a week and the Varsity group (ages 14-17) meets once a week.
- Project Lifesaver: Provides wearable technology to autistic individuals who have a propensity to wander or elope. Provides the Omaha Police Department with the technology and works closely as a partner of this program. AAP staff handles monthly battery changes and follow-up with families.
- Prosper Workforce Services (PWS): Direct service programming offered to businesses and autistic job seekers to match needs and talents in permanent employment positions.
- For Job Seekers, PWS provides assessment of skills and interests, resume and interview preparation, job readiness training, job shadowing/placement, onsite job coaching and support, and long-term advisement.
- For Employers, PWS provides worksite/job duty assessment, individualized screening of candidates, training for management/coworkers, specialized on boarding support, workplace accommodations (as needed), and inclusivity training and support.
- Prosper Academy: A two-year post-secondary program for autistic young adults that promotes healthy independent and community living. Students are guided through a structured, supported, and educational program to encourage independence and individual prosperity. A dorm-style living experience is a component of the program to further encourage independence.
- Making Memories: Exclusive events allow individuals with autism and their families to enjoy local area attractions in a sensory-friendly setting (at no cost to the families). These attractions include Werner Park, The Rose Theater, Omaha Children's Museum, Omaha's Henry Doorly Zoo and Aquarium, Omaha Symphony, American Midwest Ballet, and Omaha Community Playhouse.
- COMPASS Training: Customized training sessions and consultation are offered to all organizations and businesses in our community who would like to improve the inclusivity of their business practices. This can include work with Human Resources departments, Leadership teams, Diversity & Inclusion groups, and teams to educate employees on autism, advance diversity and inclusion efforts in the workplace, and consult on how to create a more inclusive environment or space. COMPASS offers sensory kits to venues and community groups across the Omaha metro.
- Art Experiences: Art programming for children and adults with autism to work with local artists and create art of their own (in partnership with local arts organization, Why Arts and other local artists). These events are coordinated and supervised by AAP staff members.
- Autism Awareness: Numerous and diverse efforts increase the public's understanding and acceptance of autism.
- Volunteer Guild: Providing networking and social opportunities to parents, loved ones, and professionals who are connected to the autism community through volunteer work and/or social engagements.
- Fostering Connections: Helping families build the supportive network necessary to ensure their loved one will thrive by providing connections to resources, services, and others who share their experiences.

# **Brain Injury Alliance Of Nebraska**

402-423-2463 | www.biane.org/ | info@biane.org | PO Box 22147, Lincoln, NE

Brain injuries impact multiple areas of a person's life such as cognition, memory, balance, emotional stability, relationships, and more. Currently, few resources and supports are available statewide to people living with a brain injury. The Brain Injury Alliance of Nebraska (an affiliate of the United States Brain Injury Alliance) is a dedicated provider of brain injury health information and support in the state. Incorporated in 2009, the organization's mission is to create a better future for all Nebraskans through brain injury prevention, education, advocacy, and support. The Brain Injury Alliance of Nebraska (BIA-NE) works to bring about meaningful system change by building community support networks that help individuals and families across the state navigate life changes caused by a brain injury.

- Resource Facilitation: We work collaboratively with individuals and community service providers to develop
  a support system for individuals living with a brain injury. We listen to the needs of the individual and work
  together to help solve problems and challenges faced by the person whose life has been impacted the injury.
  This can include but is not limited to finding and sharing informational resources, making referrals to service
  providers, connecting individuals with peer support groups, and providing personalized case management
  services.
- Community Education: One of the ways we help develop support systems for individuals and families affected by brain injury is through our community education program. Through this program, we educate individuals, communities, and professionals about the unique needs of individuals with brain injuries to help reduce the stigma and confusion about brain injury, provide information about ways to prevent or reduce the risk of brain injury, and offer accommodation and symptom management strategies. As part of this program, we also work to educate community service providers working with populations that have a higher risk of brain injury such as justice-involved individuals, domestic violence survivors, and individuals experiencing homelessness. These efforts are accomplished through educational presentations and conferences, training for service providers and other community organizations, and awareness campaigns.
- Advocacy: We advocate for the brain injury community at the state government level by following legislative proceedings and speaking either for or against bills as it benefits individuals affected by brain injury.

Crohn's & Colitis Foundation, Nebraska/Iowa Chapter

402-505-9901 | www.crohnscolitisfoundation.org/chapters/iowanebraska | 3606 N 156 St, #176, Omaha, NE 68116

Crohn's & Colitis Foundation is a non-profit, volunteer-driven organization dedicated to finding the cures for Crohn's Disease and ulcerative colitis, and to improving the quality of life of children and adults affected by these diseases. Since our founding, the Foundation has remained at the forefront of research in Crohn's disease and ulcerative colitis, collectively known as inflammatory bowel diseases (IBD). Today, we fund cutting-edge studies at major medical institutions, nurture investigators at the early stages of their careers, and finance underdeveloped areas of research. In addition, our professional education workshops and programs, along with our scientific journal, Inflammatory Bowel Diseases, enable medical professionals to keep pace with this rapidly growing field. We are very proud that the National Institutes of Health has commended us for "uniting the research community and strengthening IBD research."

Beyond research, the Foundation is collaborating with healthcare providers to improve IBD quality of care, as well as educating, supporting, and empowering patients and their caregivers through patient-centric education and advocacy programs.

#### **Programs and Services**

- Advocacy Network uses patients' collective voice to raise awareness and create action to better lives.
- Crohn's & Colitis Congress provides professional education for medical professionals.
- Patient Education Conference provides valuable information for patients and caregivers.
- Professional Education Conference provides an overview of Digestive Disease Week to educate local medical professionals on new treatment approaches.
- My IBD Family Event provides pediatric patient and caregiver education and time to develop relationships.
- Camp Oasis is an experience of a lifetime for kids living with IBD.
- Power of Two matches newly diagnosed patients with a patient mentor.
- Medical research is cutting edge and pursuing cures for IBD.

# Cystic Fibrosis Foundation - Nebraska Chapter

402-330-6164 | www.cff.org/nebraska/ | 2827 S. 88th Street, Omaha, NE 68124

We are the Epilepsy Foundation. We exist to END EPILEPSY®. That means increasing awareness and changing the conversation around epilepsy, improving and saving lives through care, advocacy, research and new therapies, and education, and mobilizing everyone to take action.

- The Cystic Fibrosis Foundation supports a wide range of innovative research programs to discover and develop new and effective CF therapies.
- Compass program helps CF patients find the answers they need on any CF-related questions such as insurance and co-pay assistance, diagnostic testing and legal issues.
- State-of-the-art diagnosis and treatment services are available at the accredited CF Care Center at Nebraska Medicine. Social workers and clinic coordinators are also available at the Care Center.
- Community engagement, volunteer and advocacy opportunities are available, also referrals to CF family support groups.
- The Cystic Fibrosis Foundation offers a number of resources for learning about clinical trials and treatments that are being developed to improve the treatment of cystic fibrosis.

**Epilepsy Foundation Nebraska** 

402-715-9396 | www.epilepsy.com/localfnebraska | nebraska@efa.org |6001 Dodge St, UNO, CEC 228.6, Omaha, NE 68182-0598

We are the Epilepsy Foundation. We exist to END EPILEPSY®. That means increasing awareness and changing the conversation around epilepsy, improving and saving lives through care, advocacy, research and new therapies, and education, and mobilizing everyone to take action.

- Our local Epilepsy Foundation Nebraska chapter provides direct services and connections for individuals and families impacted by seizures and epilepsy.
- We provide educational support for individuals and families to help make sure they can manage and control their seizures to the best of their ability. We educate the general public to help improve understanding of epilepsy and seizure recognition including our Seizure First Aid Certification training. All training programs are free to the participants.
- Our Kids Crew program provides empowerment activities and social support for children 14 and under who are impacted by epilepsy. This free program celebrates imagination and creativity, allowing participation no matter where kids are or how much help is needed.
- Our epilepsy research ecosystem covers the entire spectrum of discovery from the idea to market. We foster the development of new scientists and support research that leads to better treatments and care and an end to Sudden Unexpected Death in Epilepsy (SUDEP).
- We are committed to people with epilepsy, their family members, and caregivers; to advocating for funding
  for epilepsy programs, research, and a cure; to policies that promote research and innovation; to improving
  access to and coverage of quality care and essential services; and to the protection of the rights of individuals
  with disabilities.
- With the support of dedicated senators, the Epilepsy Foundation, and many grassroots advocates, Nebraska is
  one of 18 states that has enacted Seizure Safe Schools legislation. All school personnel will be trained to
  recognize and respond to seizures through our free and on demand Seizure Training for School Personnel
  and Seizure Training for School Nurses programs.

#### **Heart Heroes**

402-960-9287 | https://heartheroes.org | info@heartheroes.org | PO Box 340, Boys Town, NE 68010

Congenital Heart Disease (CHD) is an abnormality of the heart present at birth. There is no cure for CHD and no known cause affecting over 40,000 births per year in the United States. Heart Heroes, Inc. was founded in Omaha in 2009 to support these children and families through the distribution of superhero capes, programs to offer hope and awareness initiatives.

In Nebraska alone, every 32 hours a Heart Hero is born; this is almost 300 children born each year. In addition, 400 pediatric heart surgeries are performed each year at Children's Hospital & Medical Center of Omaha. Heart Heroes has worked diligently to support, empower and comfort the families who are forced to be brave as they navigate an unimaginable journey of living with a life-long illness.

Heart Heroes is the only CHD nonprofit in the state of Nebraska and the largest in the Midwest. Our vision is to ensure every family affected by CHD feels empowered and supported.

- Awareness & Education Educating the public on the #1 birth defect in the world through awareness initiatives, medical facts & Heart Heroes stories. Provides two annual Conference sponsorships for parents in Nebraska to participate at the National Pediatric Cardiology Quality Improvement Collaborative and report back to local families.
- Camp Brave Heart A week-long camp held in conjunction with YMCA's Camp Kitaki and Omaha Children's Hospital allowing CHD teens to experience summer camp. Heart Heroes makes it possible for every CHD child to attend this life changing kids camp.
- Family Support Events Providing much-needed support to families forced to be brave as they navigate the unimaginable journey through free services & quarterly events.
- Heart Hero Cape The Heart Hero Cape comes personalized for each Heart Hero, but the gift of hope is universal when it comes to families in need of encouragement and support.
- Inpatient Support Monthly boxed meals and gifts of encouragement are provided to inpatient heart families at Children's Hospital Omaha.
- Remembrance Program Heart Heroes honors and remembers the far too many CHD Heart Heroes who earn their angel wings far too soon through remembrance events & gifts of comfort.
- Research Heart Heroes works with Children's Hospital Omaha, UNMC, & Munroe Meyer Institute studying Cardiac Neurodevelopmental Outcomes and providing much needed medical equipment to improve CHD diagnostic testing.
- Superhero Heart Run The annual Superhero Heart Run is a platform for CHD awareness in our community. This family fun run is a community wide event that honors, empowers and remembers those affected by CHD.
- Totes of Hope Heart Heroes provides approximately 400 "totes of hope" each year to families recovering from pediatric heart surgery. This care kit provides necessities and items of comfort for their often-lengthy hospital stay and is a reminder they are not alone on this life-long journey. Families who receive totes share how much it means to them to get the bag during such a difficult time in their lives.
- Support Group Celebrating the triumphs and sharing in the defeat through monthly Coffee, Coping & Conversation, an online support network to family outreach programs.

### JDRF Nebraska-Iowa Chapter

402-397-2873 | www.jdrf.org/nebraskaiowa | 9202 West Dodge Road, Suite 304, Omaha, NE 68114

Type 1 diabetes (T1D) is an autoimmune disease that strikes both children and adults suddenly. It has nothing to do with diet or lifestyle. There is nothing you can do to prevent it. And, at present, there is no cure. In T1D, your pancreas stops producing insulin—a hormone the body needs to get energy from food. If you have T1D, you must constantly monitor your blood-sugar level, inject or infuse insulin through a pump, and carefully balance these insulin doses with your eating and activity throughout the day and night.

IDRF is the leading global organization funding T1D research. Our strength lies in our exclusive focus and

JDRF is the leading global organization funding T1D research. Our strength lies in our exclusive focus and singular influence on the worldwide effort to end T1D by funding innovative research to advocating for government action to providing a support structure for our community. Our mission: Improving lives today and tomorrow by accelerating life-changing breakthroughs to cure, prevent and treat T1D and its complications.

- JDRF Advocates raise awareness among Members of Congress of the financial, medical and emotional costs of type 1 diabetes (T1D) to help build and sustain critical support for type 1 diabetes (T1D) research funded by the Federal Government.
- The JDRF No Limits Teen and Adult care kits are designed for newly diagnosed teens and adults and their families. The sling-bag features tools and information to educate, support, and inspire teens and adults who are within their first year of diagnosis with type 1 diabetes (T1D).
- When a child receives a diagnosis of type 1 diabetes (T1D), it can be an overwhelming time for both the child and their family. As they navigate this challenging period of adjustment to life with T1D, the JDRF Bag of Hope® provides helpful information and useful resources. Along with educational materials, the bag includes a special friend Rufus, the Bear with Diabetes® to show children they are not alone while learning to take insulin and test their blood sugar.
- The Online Diabetes Support Team (ODST) offers one-to-one online support via email. Those who contact the ODST can count on sincere and helpful responses within 48 hours.
- The Newly Diagnosed Outreach Program thoughtfully connects newly diagnosed individuals and families with Outreach Volunteers who have personal experience living with T1D. Outreach Volunteers provide hope and information to those learning to manage their T1D or transitioning into a new stage of life with the disease.
- JDRF's TypeOneNation Virtual Summits in English and Spanish languages are educational sessions held each month to help people with type 1 diabetes (T1D) and their loved ones live their best lives. Experts from across the country share their knowledge on important topics that affect people living with or caring for someone with T1D. TypeOneNation.org is JDRF's vibrant social network/community forum for people with type 1 diabetes (T1D), their families, and friends. The site is created for—and powered by—the T1D community. Members of this diverse and lively community exchange information, answers, and support.
- JDRF No Limits Speaker Series is a virtual event designed for people recently diagnosed with type 1 diabetes (T1D), their caregivers, and loved ones. Hear from others in the T1D community, receive education on a variety of topics from T1D experts, and engage in Q&A.
- JDRF's volunteer-driven events and activities promote networking and support within the T1D community. These groups are organized and run by our chapter volunteers.
- T1Detect is JDRF's screening and monitoring education and awareness program. We believe everyone should know why screening for type 1 diabetes (T1D) is important, know how to get screened, and know what to do after they receive their results.
- JDRF provides various resources and publication to keep people living with T1D, their families, and medical experts informed about T1D: Begin With Hope Guide, JDRF.ORG, JDRF Blog, JDRF Annual Report.

- JDRF One Walk brings together thousands of people across the country to change the future for everyone living with type 1 diabetes (T1D). JDRF One Walk gives people with T1D, their loved ones, companies, and the local community the opportunity to create change and positively impact the lives of those living with T1D.With close to 150 JDRF One Walks across the country each year, there's always an opportunity to get involved. Whether you'd like to start or join a corporate or family team, walk alone, or you prefer to volunteer, you can choose what works best for you.
- JDRF Ride to Cure Diabetes is a charitable bike ride that has raised over \$60 million to date for type 1 diabetes (T1D) research. The Ride gives cyclists of all ages and skill levels the opportunity to support breakthroughs that transform the lives of people with T1D, until there are cures. JDRF Ride isn't just a bike ride, it's an experience where thousands of riders come together from all over the world to make new friendships and enjoy the unparalleled camaraderie of the Ride community with a shared mission to raise money to help end T1D.
- JDRF Game2Give is a partnership with video game players, streamers, and developers to raise money to fight type 1 diabetes (T1D). Since 2019, Game2Give has mobilized thousands of people affected by T1D who love video games to fundraise over \$2 million for crucial research toward cures.
- Team JDRF provides entry into some of the country's most exciting challenge events, including relays,
  marathons, and more. Designed for JDRF supporters of all fitness levels, Team JDRF is a partnership. Participants
  commit to raising a minimum dollar amount and in exchange, leading up to and throughout the event, JDRF
  provides coaching and support.
- JDRF Signature Events, Galas and Golf tournaments, are the premier fundraising events for most local chapters. Funds raised from these events go toward research for life-changing treatments and a cure for type 1 diabetes (T1D).
- JDRF Your Way lets you put your time, talent, and creativity to work to help create a world without type 1 diabetes (T1D). You come up with the idea, we support you. Whether it's through a special occasion, athletic event, memorial, or your own unique fundraising campaign, JDRF gives you all the tools and tips you need to raise money—your way—for T1D research.

## Leukemia & Lymphoma Society - Nebraska Chapter

402-344-2242 | www.lls.org/nebraska | 11840 Nicholas Street, Suite 215, Omaha, NE 68154

The mission of The Leukemia & Lymphoma Society (LLS) is to cure leukemia, lymphoma, Hodgkin's disease and myeloma and improve the quality of life of patients and their families. LLS exists to find cures and ensure access to treatments for blood cancer patients. We are the voice for all blood cancer patients, and we work to ensure access to treatments for all blood cancer patients.

- Patient advocacy for blood patients and their families: The Leukemia & Lymphoma Society advocates public policy positions that accelerate progress toward cures for leukemia, Hodgkin and non-Hodgkin lymphoma and myeloma, and improves the quality of life of those with blood cancer, along with their friends and families.
- Statewide co-pay, transportation and emergency financial assistance programs benefit patients and their families.
- Information Resource Center (IRC) 800.955.4572 (M-F, 9am to 9pm ET): Speak one-on-one with an Information Specialist who can assist you through cancer treatment, financial and social challenges and give accurate, up-to-date disease, treatment and support information. Our Information Specialists are master's level oncology social workers, nurses and health educators.
- Medical research is funded by our donors and conducted by outstanding scientists at the forefront of leukemia, lymphoma and myeloma research.
- Support groups and telephone support are for anyone affected by blood cancers and are free.
- First Connection peer-to-peer support program is for newly diagnosed patients: Patients and families are able to speak one-on-one with a matched trained peer volunteer who has gone through a similar diagnosis, treatment or experience.
- Meet the Doctors program: Patients are able to come and talk with doctors that are part of the UNMC ASH Review. They are able to hear about what is going on in the world of cancer and ask questions.

### March of Dimes, Nebraska & Western Iowa Market

531-530-1613 | www.marchofdimes.org | 3606 N 156th Street #101-248, Omaha, NE 68116

March of Dimes fights for the health of all moms and babies. We're advocating for policies to protect them. We're working to radically improve the health care they receive. We're pioneering research to find solutions. We're empowering families with programs, knowledge and tools to have healthier pregnancies. By uniting communities, we're building a brighter future for us all.

#### **Programs & Services**

- Outreach programs and prenatal education materials and information are available to the community.
- NICU Family Support Specialist program provides emotional and educational support to families whose babies are in the NICU and to moms on bed rest at Nebraska Medicine and CHI Health CUMC Bergan Mercy Hospitals.
- Educational materials and referrals provide a wide range of resources for patients and their families.
- Professional education opportunities are offered for medical professionals who specialize in obstetrics and premature birth.
- Patient advocacy and innovative medical research are an essential part of promoting the health of women, children and families.
- Parent dinners and discussion groups are held at Nebraska Medicine and CHI Health CUMC Bergan Mercy hospitals.
- An annual Prematurity Summit focuses on continuing education for maternal child health nurses, as well as Professional Education for all nurses and other healthcare workers.
- Group prenatal care for moms to be is offered in central Nebraska.
- Annual educational baby showers provide for military moms of Offutt AFB.

# National MS Society, Mid-America Chapter

800-344-4867 I www.nationalmssociety.org/Chapters/KSG

The National Multiple Sclerosis Society exists because there are people with MS. Our vision is a world free of MS. We will cure MS while empowering people affected by MS to live their best lives. We are more than an organization. We are a movement - united in our collective power to do something about MS now and end this disease forever. We are the gathering place for people with MS, their family and loved ones, healthcare providers, volunteers, donors, fundraisers, advocates, community leaders and all those that seek a world free of MS. We are a place to connect and take action. In order to change the world, we mobilize all possible human and financial resources to achieve results.

- Medical research on MS is a high priority for the Society.
- MS Navigators, highly skilled, compassionate professionals, connect you to the information, resources and support needed to move your life forward and navigate the challenges of MS.
- Educational and wellness programs are available to people with MS and those who care about them.
- Partners in MS Care is a National MS Society program that recognizes and supports quality MS care by encouraging strong partnerships between MS clinicians and the Society.
- Support Groups for specific populations including online and one-on-one peer connections are available.
- Financial assistance program is available.
- Health Care Professional Education opportunities are offered to health care providers.

## Nebraska AIDS Project

Omaha Office: 402-552-9260 I website16202 Maple Street, Omaha, NE 68104 Lincoln Office: 402-476-7000 I website I 127 37th Street, Lincoln, NE 68510 Kearney Office: 308-338-0527 I web site I 2121 B Avenue, Kearney, NE 68847 Norfolk Office: 402-649-3584 I website I 302 W. Phillip Ave, Norfolk, NE 68701 Scottsbluff Office: 308-672-0794 I web site11517 Broadway, Scottsbluff, NE 69361

Nebraska AIDS Project leads the community in the fight to overcome HIV/AIDS and its stigma through education, support services and advocacy.

#### **Programs & Services**

- NAP facilitates community outreach programs that result in getting new populations in for testing to know their status.
- NAP provides free HIV testing, STI testing with bilingual capability.
- NAP operates a FREE PrEP program for people who are interested in accessing a daily medication that protects from an HIV infection even if an exposure occurs.
- Education & Outreach identifies and targets at-risk populations and serves their need to get tested.
- HIV and STD risk-reduction programs are offered.
- Mental health services are available for individuals and family members or partners.
- Support groups are in place to help persons living with HIV/AIDS or anyone affected by HIV/AIDS.
- NAP advocates to advance policy for the benefit of those living with HIV/AIDS.
- Case management provides direct client services and outreach programs to assist those living with HIV/AIDS to maintain adherence to effective medical treatment and provide essentials such as personal care items and ongoing monitoring of needs for clients served.

# Nebraska Chapter of the National Hemophilia Foundation

402-742-5663 | www.nebraskanhf.org/ | 8031 W. Center Road, Suite 301, Omaha, NE 68124

The National Hemophilia Foundation (NHF) Nebraska Chapter is dedicated to finding cures for inheritable blood disorders and addressing and preventing the complications of these disorders through research, education, and advocacy enabling people and families to thrive.

- Medical research: NHF funds a broad range of programs and projects addressing bleeding disorders.
- Annual Family Education Weekend and Adults with Bleeding Disorders Education Day bring both education and fun for all ages.
- Certified Hemophilia Treatment Center at UNMC and Children's Hospital provides comprehensive care.
- Nebraska Chapter Financial Assistance Program exists to improve the quality of life of individuals and families affected by bleeding disorders.
- Parent Information & Networking Group assists families of newly diagnosed children ages 0-12
- Family camp brings those with bleeding disorders together for outdoor activities, connection and learning how
  to safely adventure while living with a bleeding disorder.
- Social and networking opportunities connect people with bleeding disorders with others who understand.
- Each year, the Nebraska Chapter of the National Hemophilia Foundation holds a State Advocacy Day. The day offers people with bleeding disorders and their advocates training on how to speak with legislators, and an opportunity for individual visits with members of the state legislature.

# **Nebraska Community Blood Bank**

Office and Donor Center I 402-486-9414 I www.ncbb.org I 100 North 84th Street, Lincoln, NE 68505 Donor Center1402-486-94141www.ncbb.org14900 North 26th Street, Lincoln, NE 68521 Donor Center I 402-486-9414 I www.ncbb.org I 1631 Pine Lake Road, Lincoln, NE 68512 Donor Center I 402-486-9414 I www.ncbb.org I 12100 Pacific Street, Omaha, NE 68154

Nebraska Community Blood Bank, a Division of Innovative Blood Resources, has been saving lives in our communities since 1968 as an independent nonprofit. Driven by our mission, we are dedicated to connecting people who need life-saving blood with generous volunteers who give. Nebraska Community Blood Bank supplies blood and blood components to over 20 healthcare facilities in 13 counties throughout eastern Nebraska and western Iowa.

#### **Programs & Services**

- Through effective outreach to donors; continual development of biomedical expertise; and brand-building
  partnerships with the community, blood drive sponsors and healthcare facilities, Nebraska Community Blood
  Bank connects those who need blood with those generous volunteers who give.
- Blood typing and education programs are put on throughout the community.
- PACE-approved courses through NCBB's learning management system are offered to hospital clinical laboratory staff.
- Each fall, we conduct a workshop for high school students who coordinate blood drives at their schools. Participating high schools are eligible for secondary education scholarships.
- Informal speaker's bureau is comprised of blood donors, patients and other community members who share their experiences about the importance of blood donation.

### **Nebraska Health Care Foundation**

402-435-3551 I www.nehca.org/foundation I 1200 Libra Dr., Suite 100, Lincoln, NE 68512

The Foundation works to support the quality improvement efforts of health care professionals working in Nebraska's nursing homes and assisted living facilities through training and resources, as well as efforts to build Nebraska's health care workforce.

- Each year, the Nebraska Health Care Foundation (NHCF) offers up to 75 educational scholarships to those seeking to launch or advance a career in healthcare.
- NHCF's emergency support fund was established to meet the needs of Nebraska's long-term care community in the wake of a natural disaster, catastrophe, pandemic (e.g., personal protective equipment), or another unanticipated event.
- Nebraska Health Care LEAD (Lead. Excel. Advance. Develop.) is a year-long program that brings together long-term care workers from across Nebraska who have a desire to grow as leaders in the profession.
- NHCF co-sponsors a public television program called, "Now What?" The NET series focuses on dementia-related topics. All 20 programs that have been produced to date are available online for public education and professional in-service training.
- NHCF provides equipment used to train direct care workers (e.g., mannequins, stethoscopes, IV therapy training supplies) and supports the production of training manuals.
- NHCF facilitates an annual grant program awarding patient lift systems to four Nebraska nursing homes or assisted living communities.

### **Nebraska Hospice and Palliative Care Association**

402-477-0204 I nehospice.org I 1519 M st, Cozad, NE 69130

Nebraska Hospice and Palliative Care Association is a statewide partnership that exists to improve the quality of life for all Nebraskans who have chronic conditions or are near the end of life and to support the various communities who care for them. Hospice provides care for all ages and includes a team of professionals to provide support: a doctor, nurse, social worker, chaplain (if desired), other specialists as needed and volunteers. Palliative care can be utilized any time during your disease journey when you may need help managing symptoms or need support.

- "Find a Hospice" at nehospice.org allows visitors to search for a Nebraska hospice or palliative care provider by county, city, ZIP code or company name or by downloading a list.
- NHPCA provides handouts and resources to help people determine if they or a loved one are ready for hospice care. NHPCA also provides resources for physicians related to end-of-life care.
- NHPCA educates state and federal legislators on hospice and palliative care's vital role in supporting terminally and chronically ill Nebraskans and their families.
- The annual "Living a Good Life... at the End of Life" Conference features a trade show, education sessions, and awards banquet to provide hospice and palliative care professionals with networking opportunities, continuing education, and recognition for their important work. NHPCA offers several scholarships for hospice and palliative care professionals to attend the conference.
- Professional workshops and webinars keep Nebraska hospice and palliative care providers updated on topics such as symptom management, bereavement, dementia, family dynamics, regulations, and volunteer programs.
- The Nebraska End-of-Life Survey Report offers a look at our state's perceptions on end-of-life issues, such as pain, death, advance directives, and support from family and physicians. The survey has been conducted four times, offering Nebraska the unique opportunity to gauge changes in perceptions over time.
- The "Hospice lets me be..." outreach campaign focuses on real-life stories to promote hospice benefits, awareness, and connect people with resources.
- NHPCA places a special focus on bringing awareness to the needs of veterans at the end of life. In partnership with the Department of Veteran Affairs, NHPCA leads the Nebraska Hospice-Veteran Partnership to ensure Nebraska's veterans near the end of life receive the best care possible. The Nebraska Hospice-Veteran Partnership Annual Workshop and Meeting brings together hospice professionals for education and networking regarding end-of-life care for Nebraska veterans. NHPCA also distributes lapel pins used by hospice providers in inspirational pinning ceremonies that recognize dying veterans.

# **Nebraska Kidney Association**

402-932-7200 | www. kidneyne.org | 212 S 74 Street, 205, Omaha, NE 68144

Nebraska Kidney Association has been helping Nebraska kidney and transplant patients for more than 50 years, working to provide education, programs and services, screening opportunities and advocacy for those affected by kidney disease or organ donation.

- Emergency financial aid is available for kidney and transplant patients.
- Patient advocacy is in place for Nebraska kidney, urologic and transplant recipients.
- Professional education programs are offered, including a Professional Development Conference, where relevant topics are discussed with nurses, techs, social workers and dietitians who then in turn implement these with the patients served. Continuing education hours are also achieved.
- Organ and tissue donation information educates donors and potential donors.
- Free Kidney Early Detection Screenings are available at locations around the state.
- Patient information is accessible through a resource guide located on our website

### Susan G. Komen® Nebraska

402-251-5355 | jredmond@komen.org I www.komen.org/community/nebraska

Susan G. Komen has led the fight to create a world without breast cancer for nearly four decades throughout our communities. We remain steadfast in our mission to save lives by meeting the most critical needs in our local communities and investing in breakthrough research to prevent and cure breast cancer. We are actively working to drive change through spearheading public policy and advocacy, eliminating racial barriers and inequities in health care, discovering breakthrough treatments, and providing direct support for patients in need.

#### **Programs & Services**

- The Susan G. Komen Breast Care Helpline provides information about breast health, breast cancer, local and national resources, and information about clinical trials. Call 1-877-465-6636 or email helpline@komen.org.
- The Breast Care Helpline offers: Breast health and breast cancer information
- Emotional support to anyone with questions or concerns
- Information about Komen's Treatment Assistance and Patient Navigation programs
- Information about national and local organizations and resources that may provide financial assistance and other support services, including low-cost mammography
- Our Helpline Specialists are available to breast cancer patients, their loved ones, health care providers, support professionals and all others seeking breast health information. We can help:
- Connect you to needed services, resources, and information
- Discuss your feelings and provide guidance in addressing them
- You learn more about support and coping mechanism
- Coach you on communicating with your health care team
- Friends and family provide and receive emotional support
- Komen Financial Assistance Program is eligible to individuals undergoing breast cancer treatment at any stage
  or living with metastatic breast cancer (stage IV), the most advanced stage of breast cancer.
   Financial assistance is available to those who meet pre-determined eligibility criteria. To learn more about this
  program and other helpful resources, call the Komen Breast Care Helpline at 1-877 GO KOMEN

(1-877-465-6636) or email helpline@komen.org.

- The Breast Care Helpline also offers breast cancer clinical trial education and support, such as:
- Knowing when to consider a clinical trial
- How to find a clinical trial
- How to decide which clinical trial is best
- What to expect during a clinical trial
- Information about clinical trial resources

Susan G. Komen is committed to disability access, equal opportunity, and reasonable accommodation. To requests accommodation, contact helpline@komen.org or 1-877-465-6636.

To hear from one of our helpline specialists, read Komen's blog – "From Hopelessness to Hope".

#### **Team Jack Foundation**

402-925-2120~I www.teamjackfoundation.org 1PO Box 607, Atkinson, NE 68713 | 47640 E. Hwy 20, Suite 2, Atkinson, NE 68713

The mission of the Team Jack Foundation is to raise money and awareness for childhood brain cancer research. Since our inception in January 2013, the Foundation has raised over \$9.3 million for research and has committed \$8.765 million to projects locally and nationally. The vast majority of funding for childhood cancer research comes from small, private nonprofit foundations like Team Jack. Through fundraising, advocacy and awareness, we do everything we can to contribute to the essential cause of childhood brain cancer research.

- Nebraska Childhood Brain Tumor Program Update: In 2015, together with the Nebraska legislature, Team Jack committed \$3 million to the development of a childhood brain tumor program at UNMC's Fred & Pamela Buffett Cancer Center. With the passing of LB 110 in 2015, public and private resources are continuously being raised to attract brain tumor experts to Nebraska and build a comprehensive program. In 2018, Team Jack pledge an additional \$5 million for the development of the Power 5 Pediatric Brain Tumor Initiative at UNMC and Children's Hospital & Medical Center to support key areas of focus: laboratory research, clinical research, pain management and education. Learn more about this program and updates on this program here: https://teamjackfoundation.org/nebraintumorprogram/.
- National Research Update: The Team Jack Foundation is excited to announce the funding for two new national research projects for 2022- 2023. Each project promises advancements in new treatment protocols for children fighting brain cancer.
  - o Defining and Targeting Master Regulator Dependencies from Bulk and Single-Cell RNA-sec in DMG Team Jack has committed \$250,000 to Dr. Jovana Pavisic at Columbia University Irving Medical Center in New York for her research on diffuse midline gliomas (DMG), a universally fatal central nervous system malignancy occurring primarily in childhood that involved midline structures. Aside from radiation therapy to prolong life, there are no effective drugs identified to date and median time to progression remains dismal at nine months. While progress has been made in its biological and genomic characterization, this has not resulted in therapeutic benefits. Further work needs to be done to identify new approaches for new therapies for DMG as they are urgently needed.
  - o Uncovering Hidden Drivers of Low-Grade Gliomas

    Team Jack has committed an additional \$250,000 at Dana-Farber Cancer Institute/Boston Children's Cancer and
    Blood Disorders Center to Dr. Pratiti (Mimi) Bandopadhayhay to apply a genomic approach to identify drivers of
    pediatric low-grade glioma (pLGG) growth. Understanding these "mystery drivers" is critical to treating and
    ultimately curing pLGGs.

# **United Cerebral Palsy of Nebraska**

402-502-3572 I http://ucpnebraska.org/ I 11930 Arbor Street, Suite 202, Omaha, NE 68144

Cerebral palsy is a non-progressive disorder of the motor control areas of the developing brain. It is caused by damage to one or more specific areas of the brain. There is no cure for cerebral palsy; however, treatments that reduce the symptoms can improve quality of life. United Cerebral Palsy of Nebraska provides programs, education, advocacy, grants and social programs to individuals and their families with cerebral palsy and other disabilities. We strive to provide opportunities that foster independence and productivity for every individual we serve.

#### **Programs & Services**

- Information and Referral: Connecting individuals with disabilities, their families, professionals and advocates to resources and services offered throughout the state.
- Tech Tools A Developmental Technology Library: Libraries are located throughout the state and offer a wide variety of adapted toys, equipment, and devices to individuals of all ages with special needs. Check out is free and open to the public (families, professionals, and other care providers). Visit ucpnebraska.org for a complete listing of the libraries.
- Client Assistance Grants: Grants are provided to qualified individuals with cerebral palsy and other disabilities to promote independence, encourage empowerment, enhance mobility, and improve quality of life. Grants support adaptive equipment, assistive technology, transportation, home or vehicle modifications...
- Family Focus: Event-centered programming for individuals with special needs and their families that enhances social development and offers an opportunity to draw strength and knowledge from others facing similar challenges.
- Go Baby Go!: Provides modified, ride-on cars for free to young children, approximately 9 months to 6 years, with special needs who experience limited mobility. Go Baby Go! is an initiative started at the University of Delaware by Cole Galloway to provide opportunities for early independent movement, socialization, and overall skill development for children with mobility limitations.

#### **Contact Us**

For more information go to www.chadnebraska.org | @CHADNebraska | or contact one of our regional offices:

- State Office: 402-614-8500 | 212 S. 74th St., Suite 205, Omaha, NE 68114
- Lincoln Office: 402-614-8500
- West Central Office: 308-398-0127 | 3008 W Stolley Park Road, Suite 6, Grand Island, NE 68803