# PURPLE PROFILES Of COURAGE



Name: Lori Reiner

### My Connection to the Cause:

I care or support a loved one with Alzheimer's.

### My Inspiration:

My husband was diagnosed three years ago at age 61 with early onset Alzheimer's disease. I am also a mental health provider and have worked with caregivers in my private practice. I am currently employed in a long term care facility and advise on care and communication with our residents that have dementia.

## How I Stay Strong:

My family primarily. Also, the love and support of some good friends.

The Nebraska Chapter of the Alzheimer's Association has been a tremendous source of information.

# My Advice to Others:

Educate yourself - learn all you can about the disease. Prepare for your future - seek legal counsel for Power Of Attorney, etc. Adopt a mindset that lives for now.

My #ENDALZ Battle Cry: "With Alzheimer's disease, today is the best day we will ever have - Live for Today."