PURPLE PROFILES of COURAGE



Name: Lori Hampton

My Connection to the Cause:
I have lost someone to
Alzheimer's disease.

My Inspiration:
My mother Marjorie

How I Stay Strong:
I sought out other caregivers who have dealt with Alzheimer's. I called on the Alzheimer's Association and was met with open ears.

My Advice to Others: Breathe first and then learn as much as you can about the disease. Call your local Alzheimer's Association and ask for help. Get involved on a volunteer committee. Become an advocate for your loved one – be their voice. You will soon learn you are not alone.

My #ENDALZ Battle Cry: "We have no "Survivor" Walk currently – but we will!"