

CHAD Member Charity Support Groups

Many CHAD (Combined Health Agencies Drive) member charities offer support groups in West Central Nebraska for those affected by chronic disease and their families. We recommend reaching out to the group contact or the agency before attending a meeting to verify the information listed below is correct.

ALS

Virtual Support Groups

People Living with ALS/Caregivers/Survivors

Last Tuesday of the month, 3:00 p.m.

Contact Missy Addison at maddison@alsa-midamerica.org to sign up for instructions to join this meeting or call (800) 878-2062 for more information.

Alzheimer's Association Nebraska Chapter

Virtual Support Groups

To find an online support group near you go to <https://www.communityresourcefinder.org> and select Alzheimer's Association Programs and Events and then Support Groups to search by zip code, or go to www.alz.org/help-support/community/csupport-groups

American Foundation for Suicide Prevention

Nationwide Virtual Support Group

To find an online support group go to <https://afsp.org/find-a-support-group> and input your zip code.

Nebraska In Person

To find a local in person group go to <https://afsp.org/find-a-support-group> and input your zip code.

American Lung Association in Nebraska

Virtual Support Group

For information go to: www.lung.org/help-support/online-support-communities or select the following link for [Additional Online Support](#)

Brain Injury Alliance of Nebraska

Statewide and Virtual

Three different support groups held monthly

To Register: Fill out the Google Form at bit.ly/virtualbiane.

For Incarcerated Populations and their families contact Shir Smith, 402-683-0754 or shir@biane.org, or MenDi McCuiston, 402-683-0712

Group 1 - Open to All Participants

Contact Penny Costello, (402)432-0605 or penny.costello@gmail.com

Group 2 - Brain Injury Survivors

Contact Penny Costello, (402)432-0605 or penny.costello@gmail.com

Group 3 - Caregivers and Family Members

Contact Penny Costello, (402)432-0605 or penny.costello@gmail.com

Alliance

Contact Patrick Duldulao, (308) 761-3372 or fduldulao@bbgh.org, or TaLisa Brown, (308) 761-3372 or tbrown@bbgh.org.

Chadron

Contact Maddie Nitsch, (308) 432-5586 or Madison.nitsch@chadronhospital.com.

Grand Island

Contact Melissa Taylor, BSN, RN, (308) 398-5896 or MATaylor@sfmc-gi.org.

Kearney

Contact Sheila Kennedy, 402-683-0717 or sheila@biane.org

North Platte

Contact Judy Nichelson, (308) 532-7451 or judy_nichelson@outlook.com.

Scottsbluff

Contact Martha Douglas, (308) 641-6826 or mdouglas.braininjurygroup@gmail.com.

JDRF Nebraska – Iowa Chapter

Virtual

JDRF Empower1 – Connecting the adolescent T1D community

Meets second Thursday of every month.

Call (402) 397-2873 go to <https://www.jdrf.org/nebraskaiowa/> for up-to-date events and details.

JDRF T1D Focus Group - Connecting the T1D community, hosted by adults living with T1D

Meets third Thursday of the month

Call (402) 397-2873 go to <https://www.jdrf.org/nebraskaiowa/> for up-to-date events and details.

Leukemia & Lymphoma Society – Nebraska Chapter

Virtual Support Group

Go to <https://www.lls.org/welcome-lls-community> to learn more or join the Leukemia & Lymphoma Society's Community.

National MS Society - Mid America Chapter

AnCan Virtual Multiple Sclerosis Support Group

Contact Frank Austin, (785) 203-0421 or f.frank.austin@gmail.com.

Café con Leche: Conversación y apoyo para personas con la EM - online

Para más información o para inscribirse llame al 1-800-344-4867, opción 3 o [regístrese en línea](#).

MSFriends@ - telephone

Call 1-866-673-7436 (1-866-MSFRIEND); 7 days a week, 9 a.m. - 12 a.m. EST or email PeerConnections@nmss.org

Multiple Sclerosis Discord MS Virtual Support Group

Visit <https://discord.gg/aQ4J2u8> to join.

Grand Island Area MS Support Group – now meeting virtually

First Tuesday of the month (March – October only)

Contact Nikki Finch, (308) 390-9869 or nicole.morrison84@yahoo.com.

Thrive MS Connect - Kearney

Fourth Thursday of the month

Contact Lindsie Lybarger, (308) 440-1494 or lybargerlb@lopers.unk.edu.

Panhandle MS Group - Scottsbluff

Second Saturday of the Month (Except July and August)

Contact Beth Lonowski, 308-631-0433 or beth_l@allophone.com

Nebraska AIDS Project

Scottsbluff/Western Nebraska

HIV Support Group: Calico Spirit Group. Contact Jill Young at Scottsbluff NAP office (308) 672-0794